

COURSE RECORD

Code	GLB 203
Name	Good Health and Well Being
Hour(s) per week	3 (2 Theory + 1 Practice)
Credit	3
ECTS	3
Level/Year	Undergraduate
Type	Elective
Prerequisites	BRG 001-English Bridge Course
Description	<p>The course will focus on today's and future health concerns and solutions in the light of 5 different perspectives. Health is one of the most important meters of sustainable development. Scientific breakthroughs in this topic improve life expectancy and quality. However, with increasing population, environmental challenges, new types of health issues are occurring. In this SDG students will be discussing topics that will challenge society in the future such as obesity, diabetes, vaccines, biomaterials, age-related diseases, personal & economical behaviors, emotions & attitudes.</p> <p>The course expects students to bring their disciplinary knowledge in conversation to advance treatment and prevention options to "ensure healthy lives and promote well-being for all at all ages" (SDG 3).</p>
Objectives	<ul style="list-style-type: none"> • Assisting students increase their awareness of the definition of SDG 3. • Encouraging individuals and team members to actively engage in in-depth conversations about SDG 3. • Implementing team-oriented learning methods. • Fostering peer learning across different disciplines.
Learning Outcomes	<p><i>By the end of the course, the student will be able to</i></p> <p>LO1. Identify key features of SDG 3.</p> <p>LO2. Analyze SDG 3 according to its political, economic, scientific, technological, and social dimensions in local and global context.</p> <p>LO3. Compare how SDG 3 is related to their fields.</p> <p>LO4. Evaluate the impact of individual and professional decisions as related to SDG 3 at a basic level.</p> <p>LO5. Defend the necessity of interdisciplinary understanding of SDG 3.</p>

CONTRIBUTION TO INSTITUTIONAL LEARNING OUTCOMES*

	ILO1	ILO2	ILO3	ILO4	ILO5	ILO6	ILO7
LO1	0	0	4	4	0	0	4
LO2	0	0	4	4	0	0	4
LO3	4	4	4	4	0	0	4
LO4	0	0	4	4	0	0	4
LO5	4	4	4	4	0	0	4

* Contribution Level: 0: None, 1: Very Low, 2: Low, 3: Medium, 4: High, 5: Very High

COURSE CONTENT DETAILS

Topics	Outcomes
Common Lectures on SDG 3	LO1, LO2, LO3, LO4
Guest Speakers on SDG 3	LO1, LO5
Individual Lectures on SDG 3	LO1, LO3, LO4, LO5